

EXPLORE DIFFERENT OCCUPATIONS

Make a list of three to nine occupations you would like to learn more about. First, look over your three short lists of interests, abilities, and motivators. What occupations come to mind? Some occupations will seem obvious to you. In fact, you may have considered them already. Write down the ones that would provide a pretty good fit, given your preferences.

Now, get some help. Other suggestions might come from family members, friends, and informed helpers. Informed helpers include career counselors, personal coaches, business librarians, people in your support group or networking group, or people you interview for information. Show them your three Short Lists of interests, abilities, and motivators and ask what occupations it suggests to them—then make a record of those occupations that sound like they are worth looking into.



Be sure and talk to people who work in jobs or fields that appeal to you. They can look at your short lists of abilities, interests, and motivators and tell you what good-fit opportunities exist in their field and what those jobs are called.